



K'IMA:W MEDICAL CENTER

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An Entity of the Hoopa Valley Tribe

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Issued By: Eva Marie Smith, M.D., M.P.H.

Hoopa Valley Tribe Public Health Officer

NEW COVID-19 CASE IN HOOPA

The assertive strategy to limit local COVID-19 cases by the Hoopa Valley Tribe has been commendable. With spread of COVID-19 nationwide and within Humboldt County, it is not surprising that a second positive case has been identified in Hoopa. The individual is in isolation with precautions for household members. K'ima:w Medical Center is monitoring the health status of the individual and the Incident Command Team will respond to needs for groceries, supplies, and safety.

Maintaining patient privacy while protecting community public health/wellbeing is necessary. Contact tracing was initiated collaboratively with Humboldt County. Anyone with contact exposure of a COVID-19 positive person for **more than 15 minutes within a distance of 6 feet**, especially without a mask, are at greater risk and may be contacted by the county. Please respond to such calls for the health and wellbeing of you, your family, coworkers, and the community. Contacts of a contact to a known COVID-19 case do not require quarantine at this time.

OUR MOST IMPORTANT PREVENTION STRATEGIES INCLUDE WEARING YOUR MASK, KEEPING AT LEAST 6 FEET DISTANCE, HAND WASHING, AND USING HAND SANITIZER. LARGE GROUP GATHERINGS (especially with mixture of different households) ARE NOT RECOMMENDED. This is challenging as we naturally want to enjoy summer meals, celebrate birthdays, etc. We have to continue to be creative to live life in a different, COVID-19 safe way during this pandemic.

We all need to remain mindful of symptoms and possible exposures as we travel within and outside of the Hoopa Valley Reservation. If you believe you may have been exposed or have concerning symptoms, **please call K'ima:w Medical Center (530) 625-4261 x 0218 to talk with a provider or to schedule a COVID-19 virus diagnostic test.** KMC continues to provide testing for both symptomatic and asymptomatic individuals.